

Stop Germs, Stay Healthy!



Use soap



Wash hands often
(for 20 seconds)



Rinse well



Dry with
a towel



Elimine gérmenes, manténgase saludable

- Lávese las manos frecuentemente por 20 segundos
- Cubra su boca al toser
- Quédese en casa cuando se sienta enfermo

Available in alternate formats

Harris County

HCPHES

Public Health & Environmental Services

www.harriscountyhealth.com

If soap and clean water are not available, an alcohol-based hand hygiene product is recommended. However, when hands are visibly soiled, they should be washed with soap and water.